

# Transitional Year

**RESIDENCY PROGRAM AT** 

Ocala Regional Medical Center







# Welcome to the Transitional Year Residency Program at Ocala Regional Medical Center

The Transitional Year Residency Program at Ocala Regional Medical Center is part of the HCA Healthcare Graduate Medical Education network.

HCA Healthcare is the nation's leading provider of quality, patient-centered care.

We are also the leader in graduate medical education, all brought together by a single mission:

# Above all else, we are committed to the care and improvement of human life.

ERAS: 9991100239

#### **Tracks & Positions**

NRMP#	Available Positions
1587999P1	13

#### Salary

PGY1	
\$55,267	

In addition to its friendly and supportive environment, our Transitional Year Residency Program is designed to give our residents a solid foundation in clinical medicine that will prepare them for their future training programs. We currently have residents who have matched into Anesthesia, Dermatology, Ophthalmology, and Radiology. Our Curriculum consists of 28 weeks of Fundamental Clinical Skills rotations, 2 weeks of Quality Improvement and 19 weeks of Elective rotations. During these rotations, our residents are exposed to a wide breadth of inpatient and outpatient experiences in a learning environment that will challenge academic curiosity and advance their clinical skills. Each transitional year resident will also learn the principles of patient safety and quality improvement and will actively participate in a quality improvement project that they help to design and develop during the year. We are looking forward to meeting those of you who are interested in our program.





# **Our Faculty**



**Alan Hamza,** MD Program Director, Transitional Year Residency Program

- Associate Professor of Internal Medicine, University of Central Florida
- Core Faculty, Internal Medicine Residency Program



Khalid Abusaada, MD, FACP

- Associate Professor, University of Central Florida
- Program Director, Internal Medicine Residency Program
- Core Faculty, Internal Medicine



Diana Ananthan, MD

- Associate Professor of Internal Medicine, University of Central Florida
- Core Faculty, Ambulatory Clinic



Darwin Ang, MD, PhD, MPH, FACS

- Professor of Surgery, University of Central Florida
- Program Director, General Surgery Residency Program
- Teaching Faculty, General Surgery/Trauma



#### Samyr Elbadri, MD

- Associate Professor of Emergency Medicine, University of Central Florida
- Teaching Faculty, Emergency Medicine



Raj Karunakara, MD, MS, FCCP, FACSM

- Associate Professor of Internal Medicine, University of Central Florida
- Core Faculty, Pulmonary & Critical Care



#### Aneta Tarasiuk-Rusek, MD

- Associate Professor of Internal Medicine, University of Central Florida
- Associate Program Director, Internal Medicine Residency Program
- Core Faculty, Internal Medicine



### **Current Residents**



**Ahmad Abdel-Aty,** MD, MAS Yale University School of Medicine



**Ali Imran Alwani,** MD Texas A&M Health Science Center College of Medicine



**Layal Antoury,** MD University of California, Los Angeles David Geffen School of Medicine



**Benjamin Crawford,** DO Pacific Northwest University of Health Sciences College of Osteopathic Medicine



Walter Evangelista Abreu,

MD

Ross University

School of Medicine



**Ashley Gorman,** MD American University of the Caribbean School of Medicine



**Jared Herbert,** MD University of Central Florida College of Medicine



**Lihong Knight,** DO William Carey University College of Osteopathic Medicine



**Ryan Kujala,** DO Lake Erie College of Osteopathic Medicine



**Samantha Purton,** DO Lake Erie College of Osteopathic Medicine



**Umme Rumana,** DO New York Institute of Technology College of Osteopathic Medicine



**Helen Rynor,** MD Florida International University Herbert Wertheim College of Medicine



**Michelle Zamora,** MD St. George's University School of Medicine





## **About the Program**

#### **Training, Education & Accreditation**

The UCF COM / HCA GME Consortium Transitional Year Residency program at Ocala Regional Medical Center follows closely the standards set forth by the ACGME and is structured to the individual needs to support each resident's categorical program. It is our primary mission to assist our residents in establishing a strong foundation with exposure to various specialties in preparation for categorical residency programs.

This mission will be achieved through both formal teaching via lectures, conferences, and small groups as well as daily clinical teaching and experience. Our residents will become valued members of an interdisciplinary team to uphold the continuity of care throughout the entire patient experience. Over the course of the program, residents actively participate in a comprehensive curriculum, which is designed to enhance academic, clinical and professional skills. Our teaching and learning methodologies emphasize evidence-based practices, experiential and active learning, individual and teamwork, and one-on-one mentorship.

**Accreditation**: The Transitional Year Residency Program is an ACGME accredited program.

#### **Program Aims**

The aims of Ocala Regional Medical Center's Transitional Year Program is to prepare its trainees for a host of specialties beginning with the familiarization of residents to

the standards set forth by the ACGME Core Competencies (Patient Care, Interpersonal and Communication Skills, Medical Knowledge, Practice- based Learning, Systems-based Practice, and Professionalism). Transitional Year residents are introduced, trained, and evaluated on their abilities to meet or exceed expectations within ACGME milestone competencies during their Transitional Year training. Prior to rotation start date, residents are provided specific goals and objectives that are subsidiary to the below overall program goals and objectives.

Patient Care: The transitional year resident must demonstrate the ability to thoroughly evaluate assigned patients and complete an appropriate history and physical examination. The resident should also be able to generate an appropriate diagnostic and management plan for assigned patients and should demonstrate the ability to produce appropriate documentation summarizing the evaluations and treatment plan.

**Medical Knowledge:** The transitional year resident must develop an adequate knowledge base of basic pathophysiology and differential diagnosis for common clinical problems. The resident should also demonstrate appropriate critical thinking and problem-solving skills. The transitional year residents will be given structured curriculum and resources in preparation for USMLE Step-3 or COMLEX 3.

The transitional year residents are also required to attempt USMLE Step-3 or COMLEX 3 examination during the PGY-1 term.

**Practice-based Learning:** The transitional year resident must demonstrate a willingness to obtain feedback and learn from errors committed. Transitional year residents should demonstrate a basic understanding of evidence-based medicine and demonstrate efforts to search the medical literature and read about problems detected in assigned patients.

**Interpersonal and Communication Skills**: The transitional year resident must produce timely, accurate and complete medical records. This should include a complete

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history and physical examination, discharge summary, hospital progress notes, and outpatient clinic notes. The resident should demonstrate good communication skills when dealing with patients, families, nurses, staff physicians and resident peers.

**Professionalism**: The transitional year resident must demonstrate a commitment to carrying out professional responsibilities. This includes placing the needs of patients first, maintaining a commitment to scholarship and striving for continued improvement throughout residency training. The transitional year resident must also demonstrate respect in dealing with patients and families as assessed by feedback from patients and nurses. Residents must demonstrate appropriate understanding of the need for patient confidentiality, informed consent and compliance with HIPAA regulations.

Systems-Based Practice: The transitional year resident must demonstrate the ability to perform well in four different institutions that are part of the residency program. This includes arranging proper care and mastering the medical record systems used by Ocala Regional Medical Center and its ambulatory clinic partners and providing care to patients of very diverse age, ethnic and socioeconomic backgrounds encountered at these sites. Residents must demonstrate basic cultural competence skills in dealing with diverse patient populations encountered during these experiences. Each transitional year resident will also learn the principles of patient safety and quality improvement and will actively participate in a quality improvement project that they help to design and develop during the year.

#### **Clinical Skills**

- Management of uncomplicated superficial skin laceration
- Performance of simple suturing
- Venipuncture
- Placement of intravenous access device (peripheral and central)
- Placement of bladder catheter
- Placement of nasogastric tube

- Arterial puncture
- Performance of aseptic technique
- Performance of medical literature search
- Performance of basic literature appraisal
- ACLS certification
- Accurate and timely completion of documentation

#### **Curriculum Sample Schedule & Rotations**

#### **Fundamental Core Rotations**

Inpatient Medicine	12 Weeks
Critical Care	4 Weeks
General Surgery	4 Weeks
Emergency Medicine	4 Weeks
Ambulatory Clinic	4 Weeks
Inpatient Medicine Quality Improvement	2 Weeks
Electives	19 Weeks

#### **Available Elective Rotations**

- Anesthesiology
- Cardiology
- Dermatology
- Endocrinology
- Hematology & Oncology
- Infectious Disease
- Nephrology
- Neurology
- Ophthalmology
- **Educational Program**
- Daily Didactic Lecture Series
- Daily Case Presentations
- Weekly specialty conferences
- Monthly Mandatory Conference Series
  - Grand Rounds
  - Quality Assurance meetings
  - Journal Club
- Research/Quality Improvement Projects

- Orthopeadic Surgery
- Otolaryngology
- Primary Care
- Psychiatry
- Pulmonology
- Radiation Oncology
- Radiology
- Rheumatology

 The Research model is based on a "Public Health" approach, focusing on the entire episode of care and will be supported by the wealth of resources of the HCA system. Outcomes-related research will be emphasized both in the in-patient area and in the clinics.

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## Ocala Regional Medical Center



Ocala Regional Medical Center (ORMC) is a 288-bed medical center and a verified Level II Trauma Center that will serve as the primary teaching site for this program. The hospital has all of the required medical and surgical specialties as well as support services to make teaching and learning at this site ideal. The facility has state of the art equipment where residents will gain clinical expertise and a diverse patient population where residents will gain clinical experience to ultimately practice independently.

The educational experience at Ocala Regional Medical Center will include faculty coverage (supervision) available at all times to the residents. A supervising faculty attending will be available to provide both indirect supervision by phone at all times with direct supervision available if required. Volumes and variety of clinical experience will be monitored by the program director through a regular review of the residents patient encounters and procedure logs to insure each resident is receiving the experience necessary to prepare him/her for successful completion of the program.

# **West Marion Community Hospital**



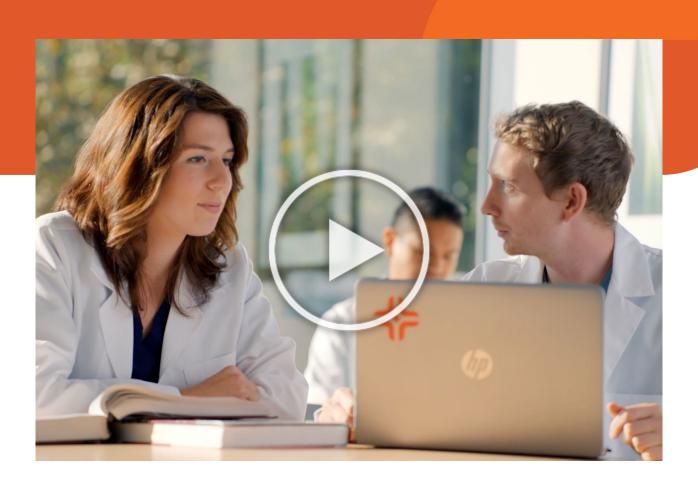
West Marion Community Hospital is a 186-bed sister hospital to the program's primary training location (Ocala Regional Medical Center). The volume and variety of procedures available for the residents to assist with are a compliment to the primary training site location; allowing the residents beneficial experience to additional varied procedures. Hospital leadership and training faculty are fully supportive of the Transitional Year residency program and will provide all the necessary educational and clinical resources necessary to ensure a high-quality clinical experience for program participants.



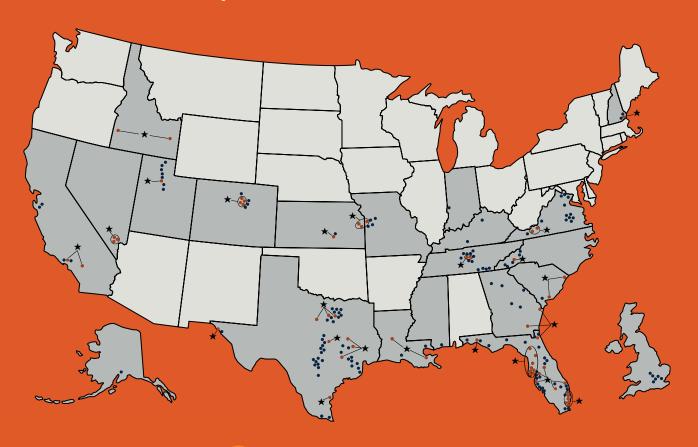
# **About HCA Healthcare GME**

HCA Healthcare is a comprehensive healthcare network with over 275,000 colleagues across more than 2,000 care facilities all committed to creating a positive impact every day. We continually invest in our colleagues and facilities to better serve our patients and local communities. The Graduate Medical Education (GME) programs seek to inspire tomorrow's physicians to care for and improve human life by focusing on patient-centered approaches to practicing the latest evidence-based medicine.

To learn more about the benefits and expectations of training with an HCA Healthcare program, view our Resident and Fellow Manual.



# Our residency and fellowship programs are in 59 hospitals located in 16 states



- ⊗ Residency or Fellowship Program
- HCA Healthcare Hospital



#### Size

HCA Healthcare Graduate Medical Education is the largest sponsor of residency and fellowship programs across the nation.

### **4,637** residents

289 fellows

### 218 specialty programs (residencies)

**79** sub-specialty programs (fellowships)



### **Scholarly Activity**

HCA Healthcare Graduate Medical Education provides a critical link between vigorous scholarly activity and realworld patient care from a sophisticated data repository of more than 32 million patient encounters each year.

**2,500+** HCA Healthcare GME scholarly activities in 2020-21.



#### **Clinical Training**

Each year approximately five percent of all U.S. hospital services happen at an HCA Healthcare facility, including:

**32+ million** patient encounters **7.4 million** emergency room visits **215,000+** babies delivered

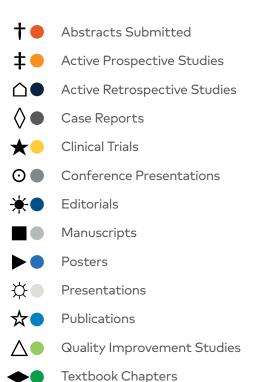
HCA Healthcare Graduate Medical Education is a leader in clinical experience.

- Nationally known physician expertise across the country
- Investments in facilities allowing the advancement of patient care
- High emphasis on simulation results and low patient incidents
- Higher patient touch than academic facilities
- Annual collaborative mass casualty event team training

# A commitment to scholarly activity

Based on more than 32 million patient encounters each year, our scholarly activity bridges the gap between compelling evidence and exceptional patient care.





Our experiential learning is rooted in evidence-based medicine that leads to innovative, real-world patient health solutions.

Merging the rigor of **ACGME** accreditation with high patient touch, our residents and fellows deliver evidence-based care that demonstrates our mission to care for and improve human life.

We offer **National Grand Rounds** that leverage accomplished clinical expertise from across HCA Healthcare, bringing the nation's leading medical experts to our residency and fellowship programs.

#### **Notable Publications**

- JAMA Internal Medicine
- Annals of Surgical Oncology
- CHEST Journal
- American Journal of Respiratory
   & Critical Care Medicine
- Obstetrics & Gynecology

#### **Notable Presentations**

- American College of Cardiology
- Society of Critical Care Medicine
- American College of Physicians
- Society of Hospital Medicine
- American College of Surgeons

# Influential Collaboration

HCA Healthcare residents and fellows have access to talented, highly skilled teams of faculty, industry experts and dedicated researchers to guide them through their journey. Residents and fellows produce evidence that drives future practice by leveraging HCA Healthcare's national clinical data warehouse – the heart of our data ecosystem.

#### **HCA Healthcare Scholarly Commons** is

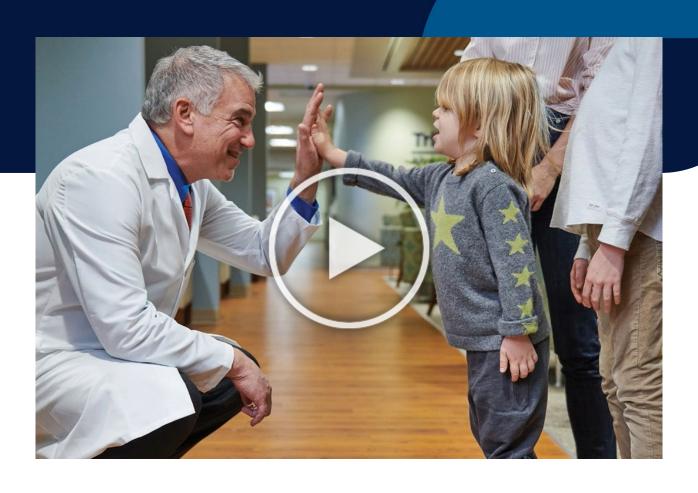
a platform to collect, share and publish the variety of academic work created by the Graduate Medical Education community. During 2020, readership of those works eclipsed the 25,000 mark. Included on this platform is the

#### HCA Healthcare Journal of Medicine,

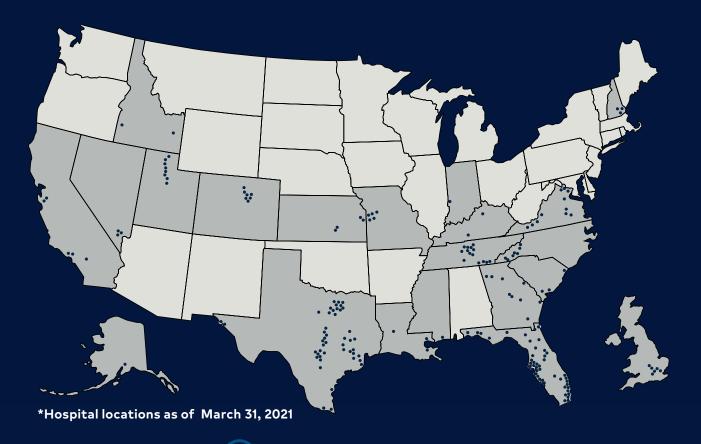
a peer reviewed scientific periodical focused on innovation, enhanced quality and developing new knowledge in clinical care and medical education for the benefit of all patients. In its first year of publication, the journal disseminated 86 articles in six issues as well as a seventh special issue on the COVID-19 pandemic.

# **About HCA Healthcare**

HCA Healthcare is one of the nation's leading providers of healthcare services and is comprised of 186 hospitals and more than 2,000 sites of care including surgery centers, freestanding ERs, urgent care centers, diagnostic and imaging centers, walk-in clinics and physician clinics in 20 states and the United Kingdom. With its founding in 1968, Nashville-based HCA Healthcare created a new model for hospital care in the United States.



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#### **Size**

**275,000** colleagues

93,000+ registered nurses

**47,000^** active and affiliated physicians



#### **Patient Care**

HCA Healthcare's U.S. hospitals provide approximately 5% of all inpatient hospital services in the country.

In 2020:

**32+ million** patient encounters

**7.4 million** emergency room visits

215,000 babies delivered

View the HCA Healthcare Community
Impact Report to learn more about our
award-winning programs, technology
advances and partnerships with community
organizations to fulfill our commitment to
the care and improvement of human life.



#### **Giving Back**

\$3.4+ billion

estimated 2020 cost for the delivery of charity care, uninsured discounts and other uncompensated care

#### \$45 million

in charitable cash contributions provided across the enterprise in 2020

We are committed to expanding our relationships with our communities by investing **\$10 million** over the next three years in Historically Black Colleges and Universities (HBCUs) and Hispanic-Serving Institutions (HSIs) across our footprint.\*

\*Starting in 2021



#### **Industry Leader**

Sarah Cannon, the Cancer Institute of HCA Healthcare, provides **state-of-the-art cancer care** close to home for hundreds of thousands of patients, a number unmatched by any single cancer center.

HCA Healthcare affiliates deliver healthcare services in **more than 150** languages and dialects.

HCA Healthcare has treated more COVID-19 inpatients than any other health system in the U.S.

^Approximate



